



LiveHealth Online: See a doctor 24/7

It's easier and faster than going to urgent care.

Sign up for LiveHealth Online today!
It's quick and easy to sign up — just go to livehealthonline.com or download the mobile app.



apple.com



play.google.com/store

The next time you or someone in your family needs to see a doctor, use LiveHealth Online. See a doctor with a smartphone or tablet using our free app, or a computer with a webcam.¹

With LiveHealth Online, you get:

- Immediate, 24/7 access to board-certified doctors.
- Secure and private video chats with your choice of doctor.
- Prescriptions that can be sent to your pharmacy, if needed.²

Your LiveHealth Online member cost share for Medical visits will be \$0 for PPO plans (NOTE: This does not apply to HSA plans, although Medical LiveHealth Online visits are only \$59.)



LiveHealth
ONLINE



¹ Visit the home page at livehealthonline.com to see the latest map showing where service is available.

² As legally permitted in certain states.

LiveHealth Online is the tradename of Health Management Corporation, a separate company providing telehealth services on behalf of Anthem Blue Cross and Blue Shield.

Anthem Blue Cross and Blue Shield is the trade name of Community Insurance Company. Independent licensees of the Blue Cross and Blue Shield Association. ANTHEM is a registered trademark of Anthem Insurance Companies, Inc. The Blue Cross and Blue Shield names and symbols are registered marks of the Blue Cross and Blue Shield Association.

LiveHealth Online Psychiatry

What you need to know about video visits with a psychiatrist



What is LiveHealth Online Psychiatry?

Now you can see a board-certified psychiatrist to help you manage medications.¹ Whether you're at home, at work or on the go. Just download the free LiveHealth Online app to your mobile device or visit livehealthonline.com on a computer with a webcam.

When is LiveHealth Online Psychiatry available?

You can have a video visit with a psychiatrist usually in two weeks.² Appointments, which are also available on evenings and weekends, can be scheduled online or over the phone at **1-888-548-3432** from 8 a.m. to 8 p.m., seven days a week.

What can psychiatrists on LiveHealth Online help me with?

Psychiatrists on LiveHealth Online can help you manage some of your medications. Keep in mind, though, they can't prescribe medications that are controlled substances.

For counseling sessions, contact a psychologist or therapist on LiveHealth Online Psychology. Remember, if you're in crisis or having suicidal thoughts, get help right away or call 911.

How much does it cost to use LiveHealth Online Psychiatry?

Members on PPO plans have a **\$0.00** copay. Prices vary for HSA plans depending on if the visit is with a Therapist, Psychologist or Psychiatrist.

How can I make an appointment?

For your first visit, set up a time by going online, using the mobile app or calling LiveHealth Online:

- **Online:** Visit livehealthonline.com and sign up or log in. Once you've logged in, select **LiveHealth Online Psychiatry** to schedule an appointment with the board certified doctor you would like to see.
- **Mobile app:** Download the free LiveHealth Online mobile app from the App Store® or on Google Play™ and then sign up or log in. Once you've logged in, choose **LiveHealth Online Psychiatry**. Next, select from available doctor's after checking out their qualifications and arrange a visit.
- **Phone:** You can also call **1-888-548-3432** from 8 a.m. to 8 p.m., seven days a week.

In most cases, you can make an appointment to see a psychiatrist in two weeks.² This may be sooner than waiting for an office visit. LiveHealth Online will send you an email confirming your appointment.